

# Holy Trinity Roman Catholic Parish

June 22, 2025  
Feast of the Body & Blood of Christ

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).

**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

**Summer weekend Masses: Saturday at 5pm**

**Sunday Mass at 10 am until August 31.**

**Coming Up at Holy Trinity** Weekday Rosary 25 minutes before Mass

<b>Sat. June 21</b>	<b>5 pm Mass</b>
<b>Sun. June 22</b>	<b>10 am Mass:</b> Ints. Michelle Fink
<b>Sun. June 22</b>	<b>5 pm Vietnamese Mass</b>
<b>Tues. June 24</b>	<b>10 am St. Josaphat Closing Mass</b>
<b>Tues. June 24</b>	<b>7 pm Mass:</b> Ints. Colleen Lefebvre
<b>Wed. June 25</b>	<b>8:30 am Mass:</b> † Lana Profeit-Fahlman
<b>Wed. June 25</b>	<b>10 am St. Joan of Arc Closing Mass</b>
<b>Thurs. June 26</b>	<b>8:30 am Mass:</b> Ints. Leonard Lipp
<b>Fri. June 27</b>	<b>8:30 am Mass:</b> Ints. Audrey Krammer

**Communion to Shut-ins & Hospitalized.** If you, or someone in your family would like communion brought to a care home or own home in our parish, Please contact the Holy Trinity office (306) 543-3838.

**5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)**

### Pastoral Staff

**Pastor:** Rev. Gaspar Lucas 306-536-8203

### Support Staff

#### Office Coordinator

Minnu Joy: 306-543-3838

**Custodian:** Dominic Dias

**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed stat holidays.

### We pray for the following:

Kristoffer Reyes, Troy Kocur, Gerry Turgeon, Gwen Gibney, Eleanor Sydorko, Martin & Gisele Croteau, Colleen Lefebvre, Hugo Rodriguez Martinez, George Deneve, Sujith Noronha & MaryAnn Young.

### We pray for the Repose of the Souls of our beloved ones,

including Tadeo Tran, Anton Nguyen, Don Stradeski, Michele Adrienne Seilman, Shannon Couckuyt, Ellen Deneve, Zoila Majano, Marilyn Waugh, Doug Doyle, Marian Kolesar, Frank Deitz & Gloria Brezinski.

Regular Donations June 1 to 15: \$16,600  
Average expenses: \$21,661 monthly

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Please contact the office to register for next session in July. Next Baptism preparation seminar :July 12 at 6:15pm & Baptism: Sunday, July 20 at 11:15 am.

[Registration form on website.](#)

**Registrations open for the sacraments of Reconciliation, First Eucharist, and Confirmation for the 2025/26 session. See page 2**

**Service Opportunity;** Our parish Sacrament Preparation committee would like to invite you to join our team. The only requirement is a desire to share your faith with the youth of our parish. You do NOT need to be a teacher. The program is easy to use and current members are always there to work with you and support you. Please consider this rewarding opportunity. If you are interested please contact the parish office and we will be in touch with you.

**Mass Times:****Saturday: 5 pm****Sunday (Summer): 10 am**

Monday— No Mass

Tuesday—7 pm

Wednesday, Thursday &amp; Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next July 4.

For the comfort and safety of others, please do not wear fragrance to church.

**Registrations open for Sacraments:** Children in Grade 2 & up are eligible to register. Classes will begin mid September and will follow immediately after the eleven o'clock Sunday Mass. The cost is \$70 for one child and \$140 for two or more children. Registration forms can be found on the Sacrament Preparation Bulletin Board in the church foyer & on parish website.

**Sharing My Gifts & Interests**—Prayerfully consider how you might offer your time and talents to make Holy Trinity the best parish it can be — today and for the future. Sign-up forms now available in the Gathering Area or on our website.

Please complete a form of how you can contribute to Holy Trinity through your service in various ministries. Completed forms may be returned to marked basket in the Gathering Area. Please return them as soon as possible or before August 10 in order to plan fall ministries schedules.

**Parish Scam Alert: Fraudulent Information Requests**

We have been made aware of a scam currently targeting parishes in which an individual sends an email pretending to be someone known to the parish office (e.g., a staff member, priest, or volunteer). The email may request a copy of the parish directory or other lists in order to access personal contact information.

**Important Warning Signs:**

The email comes from an address that does not match the official address of the person named. The message may have urgent or vague language asking for help or access to data.

**What to Do:**

Do not respond or provide any information. Double-check the email address carefully—scammers often use similar-looking domains. Report the email to parish office or diocesan communications office. Do not click any links or download attachments from suspicious emails. Protecting the privacy of our parishioners is critical. Thank you for staying alert and helping keep our communities safe!

**Spring Cleaning?? Old but usable suitcases and duffle bags needed** to ship medical and school supplies as well as clothes to refugee camps & orphanages around the world. If you have any useable duffle bags or suitcases (large size acceptable) to donate, Please contact Lois at 306-543-3934.

**Summer with the Saints on FORMED:** Faith-filled stories for the whole family. Join Summer with the Saints starting June 1, you will receive 12 weeks of faith-filled videos and family-friendly activities, delivered weekly to your inbox. Learn more or sign up at

<https://formed.org/summer-with-the-saints>.



Use this link or on our website home page.

Use your credit card for occasional or regular giving..

**Donations to Holy Trinity**—thank you for your support!

It would be most helpful to our Collection Counters if you would write your donation amount on the envelope you use.

**Ways to Donate:**

If you wish to donate on-line, Canada Helps has an option to give to any special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations; you receive a tax receipt for your full donation. Canada Helps issues tax receipts so Holy Trinity also benefits by not needing additional staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.



Holy Trinity has a mail slot to the right of the front door for after-hours donations (including for Appeal).

**Support for Northern Wildfire Evacuees in Regina:** Due to severe wildfires, families from Northern Saskatchewan have been evacuated and are now being hosted in Regina. Many arrived with very little, and your support is urgently needed.

**Requested Donations:** Hygiene products (for both men and women), Baby items: diapers, wipes, strollers, Baby formula: Similac Pro-Advance only, Clean or new summer clothing & sandals (all sizes), Bottled or distilled water and snacks, toys, and games for children. These items will go directly to evacuees through coordinated local support.

**Donation Drop-Off Locations:**

**MLAs Brar & Wotherspoon's Office:** 6300 Dewdney Ave  
306-543-2727 | [reginapasqua@ndpcaucus.sk.ca](mailto:reginapasqua@ndpcaucus.sk.ca)

**MLAs Blakley, Housser & Roy's Office:** B-2318 Assiniboine Ave  
306-584-4404 | [reginawascanaplains@ndpcaucus.sk.ca](mailto:reginawascanaplains@ndpcaucus.sk.ca)

**Let's come together to support our Northern neighbours in their time of need.**

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a team of volunteers to serve as Building and Grounds Coordinators to oversee the operation and maintenance of Holy Trinity Parish building. For details of the activities and responsibilities, the information are available on the bulletin board or please contact the office.

**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!

**Archdiocese of Regina Bulletin (June 22) Link—**  
Youth Leadership camp August. 2025



**Archdiocese of Regina Masses**  
**On-Line**

<https://archregina.sk.ca/live>

Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

**THINKING FAITH Podcast** hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

[Thinking faith podcast link](#)

[Thinking faith YouTube link](#)

**Youth retreat!** From age 13 to 17, on July 4 to 6 at the Myriam Family house of prayer in McLean SK. Free will offering. To register, call Sr. Stephanie: 306-761-0528 or by email: [pss.prairies@famillemyriam.org](mailto:pss.prairies@famillemyriam.org)

**Family retreat!** Join us at the Myriam Family Community near McLean (45 km East from Regina) from Friday, July 25 at 5pm to Sunday July 27 at 2pm. Amazing family activities including adoration, Mass, bonfire, sports, games and talks for each age groups. To register, please call Sr. Stephanie at 306-761-0528 or email [pss.prairies@famillemyriam.org](mailto:pss.prairies@famillemyriam.org)

**Young adult retreat!** From August 8 to 10 at the Myriam Family house of prayer in McLean SK. Free will offering. Come to be renewed in Christ's love. To register, call Sr. Stephanie: 306-761-0528 or by email: [pss.prairies@famillemyriam.org](mailto:pss.prairies@famillemyriam.org)

**Garage Sale and Book Sale:** Donations are now being accepted for the St. Martin de Porres Parish Garage Sale and Book Sale. Please bring any donations to the St. Martin's parish office during office hours (Tues to Fri, 9 to 12 pm). We welcome all books except for encyclopedias, textbooks or books that have been damaged by water. Donations will be accepted until Friday Sept. 26th. The date of the sale is Saturday Sept. 27th beginning at 9 am. Thank you for your contributions.

**Pilgrims of Hope international Jubilee Year** a time of grace and renewal in unity and prayer. We are called to search for signs of hope and be signs of hope in our families, for our neighbours, the imprisoned, the sick and dying, the young and old.

**Celebrate the 52 Weeks of the Jubilee Year as a Family** 52 Sundays is a free dynamic guide to help you and your family reclaim the Lord's Day with prayer, activities, recipe of the week, fun facts, and more. Sign up at [52sundays.com](http://52sundays.com).

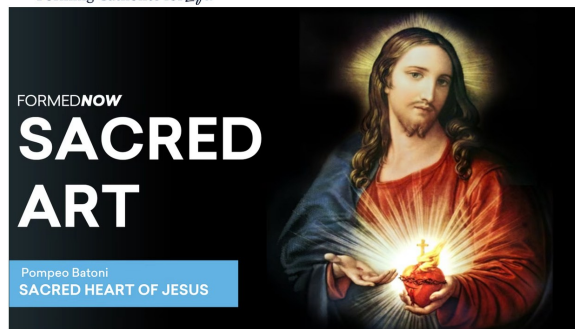


**Protect Patients and Providers: Support MAiD Safeguards—**Over 50 healthcare professionals, advocacy groups, and the Christian Medical and Dental Association (CMDA) have proposed new legislation to the Minister of Health to strengthen protections around Medical Assistance in Dying (MAiD).

Add Your Voice: Take two minutes to write a letter to the Government of Saskatchewan. No login or password needed! [Visit: this link](#)

Help Build Support: Host a letter-writing station or share posters, announcements and info cards. [Find resources at this link.](#)

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## The Sacred Heart and the Immaculate Heart | Sacred Art

Do you have a devotion to the Sacred Heart of Jesus? Deepen your devotion by listening to this discussion of sacred art pieces depicting the heart of Christ.

Our parish has a Formed subscription.  
Visit [formed.org/signup](http://formed.org/signup) and select our parish.  
Scan the QR code to download the Formed app to your phone.



An offering from the AUGUSTINE INSTITUTE

**Praise in the Park:** A community event open to the public. All who attend will be able to share in: Free Hotdog Lunch, Free Supper & Free Canteen, Free Events for the Kids, Missions Fair, Prayer Tent & Free Entertainment including our musical headliner, Corey Lueck. At Wascana Park Bandstand, Regina on Saturday August 16 from 12 to 9pm.

**St. Philomena mother-daughter retreat:** discover together God's gift of true femininity. Based on biblical wisdom, Catholic teachings, and the theology of St. John Paul II, this weekend retreat is geared towards girls ages 11 to 14 & their moms. Hosted at St. Peter's Abbey, Muenster, Sept. 12-14 by Regnum Christi Regina. \$425 per mother-daughter pair until July 25. Register at [PhilomenaRetreat.org](http://PhilomenaRetreat.org) or email questions to [laurencayer@sasktel.net](mailto:laurencayer@sasktel.net)

**Jubilee Medjugorje Pilgrimage with Father Melchor Samonte**, which will take place from October 13 to 23. The price is \$700. Included in this price is lodging and bus fares, but not air travel to and from Split, Croatia. Contact Deacon Dave at [dave@stphilomena.ca](mailto:dave@stphilomena.ca) or 306 728 5525. For air travel arrangements, contact Ewa at Passport Travel in Calgary, 403-256-9343 or [ewa.passport@shaw.ca](mailto:ewa.passport@shaw.ca).

**Cuernavaca Project** is an outreach of the Archdiocese of Regina. It benefits this community by helping them become self-sustaining through projects such as gardens, school, housing. You can also help **through Sarcen Recyclables**. Bag your refundable cans and use the key word "project" when you use the Drop & Go option at Sarcen. Your support is greatly appreciated!

**Bring eyeglass donations to Holy Trinity** (plastic drawers in Gathering Area). Cases for glasses **not** needed. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



**Regina Food Bank** collection barrel at Holy Trinity.

Food insecurity has surged in Regina with the need doubling since covid started.

Holy Trinity's barrel is in the Gathering Area by the elevator. Regina Food Bank's most needed items are: Canned Stews, one-litre Juices, Powdered Milk, Pork & Beans, Peanut Butter, Canned Meat & Fish, Pasta Products, Soup, Baby Food, Enfalac & Similac.



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 Contact through Holy Trinity office (306)  
 543-3838.

### Catholic Women's League

We invite you to join our Council.



For information on  
 membership and benefits,  
 please contact: Sherry Enns  
 at 306-530-5846



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 Jerry Fitzgerald 306-519-1405

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 Jennifer Holtslander 306-519-1380

Wascana Rehab Centre Chaplain  
 Joan Rink 306-530-6511

### Archdiocese of Regina Weekly Report

The week's top local stories,  
 parish and diocesan events,  
 and national and international  
 news of Catholic interest  
 delivered to your in-box every  
 Friday.



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