# **Holy Trinity**Roman Catholic Parish

## March 24, 2024 Passion (Palm) Sunday

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

#### Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.



If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, www.holytrinityregina.ca.

Reconciliation: By prior arrangement and when possible

45 min. before weekend Masses 30 min. before weekday Masses

Weddings & Funerals: Contact Fr. Gaspar

Coming Up at Holy Trinity (Weekday Rosary 25 minutes before Mass)

/	Sat. Mar. 23	5 pm Mass: Palm Sunday, + Nelida Aldicoat
	Sun. Mar. 24	9 am Mass: Palm Sunday, + Mike Chopty
	Sun. Mar. 24	11 am Mass: Palm Sunday, Pro populo Sacramental Prep after Mass (hall & church)
	Sun. Mar. 24	5 pm Vietnamese Mass; Palm Sunday
	Tues. Mar.26	1:30 pm Forever in Motion, hall
	Tues. Mar. 26	7 pm Mass: + Martha Dacog
	Wed. Mar. 27	8:30 am Mass: Ints Sr. Lydia Galatis
	Thurs. Mar. 28	7:00 pm Mass: Thursday of the Lord's Supper
	Fri. Mar. 29	11 am Vietnamese Stations of the Cross
	Fri. March 29	3:00 pm Good Friday of the Passion of the Lord
	Fri. March 29	6 pm Vietnamese Good Friday
	Sat. Mar. 30	12:30 pm Blessing of Easter foods
	Sat. Mar. 30	8 pm Holy Saturday Easter Vigil, Resurrection of the Lord
	Sun. Mar. 31	10 am Easter Sunday, Resurrection of the Lord
	Sun. Mar. 31	5 pm Vietnamese Easter Sunday Mass
	April 1 to 5	Office Closed
	Tues. Apr. 2	7 pm Mass
	Tues. Apr. 2	1:30 pm Forever in Motion, hall
	Wed. Apr. 3	8:30 am Mass
	Wed. Apr. 3	1 pm Angels for Warmth meeting, hall
	Thurs. Apr. 4	6:30 pm Confirmation Mass

5020 Sherwood Drive Regina, SK S4R 4C2

Phone: 306-543-3838 Email: htrinity@sasktel.net

Website: holytrinityregina.ca

(bulletin available online)

#### At Holy Trinity:

We pray for the following:

Ruth Morrison, Gerry Turgeon, Gisele Croteau, Jacqueline Meeley, Troy Kocur

We pray for the Repose of the Souls of our beloved ones, including Arturo Tuazon, Daryl Smith, Henry Enns, Victoria Majano Ponce, Harvey Hartness, John Volk, Ceferino Bayer

Sunday Donations March Regular collection \$16,695 Average expenses: \$21,661 monthly.



Use this link or on our website home page.

Use your credit card for occasional or regular giving. Details on page 3.

#### Holy Week Schedule for Holy Trinity

March 28—Holy Thursday Mass 7 pm; Blessed Sacrament Adoration until 9:30 pm

March 29—Good Friday Celebration of the Passion of the Lord—3 pm

March 29—Vietnamese Good Friday Celebration—6 pm

March 30—Blessing of Easter Foods at 12:30 pm

March 30—Easter Vigil Mass—8 pm

March 31—Easter Sunday—10 am

March 31—Easter Sunday (Vietnamese) 5 pm



#### Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting April 9, after 7 pm Mass.

Next Pancake Breakfast at Holy Trinity: Sun. April 14



Holy Trinity Catholic Women's League General meetings: 2nd Monday of the month. Next meeting Mon. April 15 Executive: Next meeting April 8.

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## Holy Trinity Parish, Regina

Pastoral Staff

Pastor: Rev. Gaspar Lucas 306-924-1993

Deacon Rev. Mr. Eric Gurash
Sacramental Prep: Leslie Young

Support Staff
Office Coordinator

Heather Deis: 306-543-3838 Custodian: Dominic Dias

Office Hours Mon. to Fri.—9 am to 3 pm Closed statutory holidays & April 1 to 5

Mass Times: Elevator back in service Sunday Mass Times 9 am & 11 am

Saturday 5 pm

Monday— no Mass Tuesday—7 pm Mass

Wednesday, Thursday & Friday Masses

8:30 am Changes for Holy Week and April 4 Confirmation

First Friday Eucharistic Adoration after 8:30 am Mass, next is April 5.

Elevator Back in Service — many thanks to Finance council for working with the service provider to restore service. Donations to the Building Fund to help cover this expense are gratefully received.

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For the comfort and safety

of others, please do not

wear fragrance to church.

**Memorial Easter Flowers**—The Easter celebration is enhanced by colourful flowers and white lilies. Financial donations to the purchase of these flowers are welcomed and can be placed in the envelopes in the Gathering Area. Contributions may be made 'In Memory of' and a list of these names will be posted in our bulletin on March 31 and April 14, no bulletin April 7).

Way of the Cross – In the Footsteps of the Passion with Catherine Doherty Friday, March 22, 7:30 pm, following the 7 pm Mass. St. Cecilia Parish, 5020 – 7th Avenue. Join with the Marian Centre staff as they lead this reflection. Catherine Doherty, founder of the Madonna House Apostolate, of which the Marian Centre is part, offers prayerful meditations which were written upon her heart during her pilgrimage along the Way of the Cross to guide you through your own pilgrimage to crucifixion — and resurrection. Each Station includes Scripture reflections, Catherine's meditation and prayer, and standard public prayers. If unable to attend in person, join the Livestream at www.stcecregina.com



Garage Sale at Holy Trinity—April 26 & 27—Save the date and watch for signup sheets after Easter of how you can help with this important fundraiser.

Save your treasures for drop-off starting April 15. Will include some evenings.

Next planning meeting is April 10 at 1:30 pm.

#### **Sacramental Preparation**

**Baptism Preparation** 

For parents of infants & young children and expectant parents. Contact the office to register for next session. Registration form on website.

Confirmation Mass is April 4 (Thursday) at 6:30 pm. Parishioners are invited to attend and pray for the young people who will be confirmed by Archbishop Don Bolen and receive First Holy Communion.

LENT: 40 days of preparation by prayer, fasting and charitable giving, to celebrate the Paschal mystery of Easter.

Stations of the Cross—Fridays:

March 22—7 pm led by Deacon Eric (Emmaus Support)
Holy Week schedule on front page and details in special insert.

A Mental Health Way of the Cross—Jesus' Crown of thorns represents the struggles of those persons with mental illness" - Saint Mother Theresa of Calcutta to Fr. Benedict Groeschel (CFR). Friday, March 22 at 7 pm Join Deacon Eric Gurash and Emmaus Support Mental Health Ministries at Holy Trinity for "A Mental Health Way of the Cross." This unique journey of reflection and prayer explores the Stations of the Cross through the lens of mental health challenges. Through scripture, reflections, and prayer, we will connect the suffering of Jesus with the experiences of those affected by mental illness, offering hope, understanding, and support. All are welcome to join us as we walk this path of compassion and healing together.

**Emmaus Family Support** 

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through.

Visit <a href="mailto:emmaussupport.ca">emmaussupport.ca</a> or contact Deacon Eric Gurash at emmausmentalhealth@gmail.com or 306-721-6724 to learn more.

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.

Forever in Motion—a health initiative at Holy Trinity to promote physical activity with adults.

Tuesdays, 1:30 to 2:30 pm hall (lower level; enter through north door).

The program is led by a trained volunteer (Holy Trinity parishioner). Everyone welcome. Brochure on bulletin board



#### Catholic Women's League at Holy Trinity

Holy Trinity CWL offers an annual scholarship of \$500 to a graduating Grade 12 student, whose mother or grandmother is a member of Holy Trinity CWL. See bulletin board for other criteria. Deadline to register is June 30, 2024

Regina Archdiocesan CWL Scholarship - deadline for submission is March 15, 2024. Details on bulletin board.

CWL National Bursary Application - applications must be submitted to national office and postmarked by May 15, 2024. See bulletin board for details and criteria.

Turkey Pies—Pie Making Bee April 10 & 12 after morning Masses. Parishioners wanting to purchase pies should sign sheet in Gathering Area April 1 to 14.

Communion to Shut-ins. If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-38383.

Those in hospital should contact the Chaplain (contact info p. 4)

Thank you from Holy Trinity Knights of Columbus for your Shamrock donations March 16 & 17 for Camp Monahan. \$237 was collected and the K of C will send Camp Monahan a cheque for \$300.

Archdiocese of Regina Bulletin (Mar. 24) Link

New Phase of Synodal Church



Archdiocese of Regina Masses
On-Line

https://archregina.sk.ca/live

Links at www.youtube.com/ArchdioceseRegina



THINKING FAITH Podcast hosted by Deacon Eric Gurash and Dr. Brett Salkeld of the Archdiocese of Regina.

TF #393: Dr. John Jalsevac On Classical Education - Part 2

In this three-part series, Dr. Brett Salkeld and Dr. John Jalsevac, headmaster of Our Lady of the Wayside Catholic School in Peterborough, Ontario, discuss the growing popularity of Classical education and its distinct approach to student formation and education.

Listen to the podcast

Previous podcasts



Thank you for giving from the heart to Share Lent 2024!

Development and Peace — Caritas Canada thanks you for supporting the *Reaping our Rights* campaign with your Share Lent donation. Thanks to your generosity, our parish collected [\$ amount]. This sum will help support our sisters and brothers in Africa, Asia, Eastern Europe, Latin America and the Middle East

If you have not yet had a chance to give, you can still place your Share Lent envelope in the offertory or

donate online at devp.org/give.

Thank you for continuing to pray for all those who are working to build a world of peace and justice.

Holy Trinity Parish on Facebook—A great opportunity to be connected and up-to-date on our events and activities.



You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <a href="https://www.facebook.com/">https://www.facebook.com/</a> holytrinityregina 'Like' and 'Follow' us to stay informed and engaged!

Good Friday Musica Sacra, Campion College Lent "Musica Sacra: A Cry for Mercy, Longing for Peace." March 29 at 7:30 pm in the beautiful 2nd-floor Campion Chapel for a soul-stirring performance by the Musica Sacra Voices, conducted by the talented Dr. Melissa Morgan.

Salad & Dessert Night—Thursday, April 25, Resurrection Parish, 3155 Windsor Park Rd. Doors open 5 pm; Supper 6 pm. Entertainment by Mandolin Orchestra at 7 pm. Raffle and 50/50 Draws. Tickets: \$25, contact: Joan at jmrink@sasktel.net. Proceeds to Cuernavaca Project

Holy Face Project mission is to silently and powerfully increase awareness of Jesus' presence in our world by establishing billboards of the Holy Face of Jesus from the Shroud of Turin. In Regina, billboards at Sask. Drive/Ottawa St., March 17 to April 7. Free Golden Arrow prayer cards available from Burns Hanley Church Supplies on 13th Avenue.

Holy Week Mass Schedule for Other Parishes on Archdiocese website.

#### Special Collections & Ways to Donate:

March 28-Holy Thursday: Pope's Pastoral Works

March 29—Good Friday, Needs of the Church in the Holy Land

March 30 & 31-Easter

April 21— Vocations Sunday (4th Sun. of Easter) Education of Seminarians

May 26—Catholic Missions in Canada (Pentecost Sunday)

If you have Holy Trinity donation envelopes, there are special envelopes for each of these collections.

If you wish to donate on-line, Canada Helps has an option to give to any of these special collections at Holy Trinity, as well as to the regular collection.

Canada Helps is an easy way to donate to Holy Trinity either once, occasionally, or monthly, using your credit card. (PayPal and Google Pay also accepted.) Canada Helps charges a 3.5% fee for monthly donations;



you receive a tax receipt for your full donation. Canada Helps issues your tax receipts so Holy Trinity also benefits by not needing additional admin staff time.

Email transfers directly to Holy Trinity are also available. Contact the office for this option.

If you wish to have Holy Trinity donation envelopes, contact the office.

Archdiocese of Regina sessions for further reflection on the Synod, starting Mar. 20, and continue into April. You may attend any or all of these sessions. NO REGISTRATION IS REQUIRED. ZOOM link for the meetings is https://bit.lv/YQR-Synod-2024

Before the sessions, please read the relevant sections of the Oct. 2023 Synod Report at https://bit.ly/A-Synodal-Church-in-Mission

The four sessions are as follows:

- Part I. The Face of the Synodal Church Mar. 20 @ 7 pm -- read sections 3 and 5 of the Synod Report
- Part II. All Disciples, All Missionaries Mar. 23 @ 10 am -- read sections 8 and 9 of the Synod Report
- Part III. Weaving Bonds, Building Communities Apr. 6 @ 10 am -read sections 14 and 18 of the Synod Report
- Draft report on 2024 Archdiocesan phase Apr. 13 @ 10am

You may also send written comments on these sections of the Synod Report to be considered by the Synod Team for inclusion in the Archdiocesan report. Following session 3, the Synod Team will prepare a short 2 page report to be sent to the Synod Office in Rome in preparation for the fall session of the Synod in Oct. 2024. On Apr. 13, you will have a chance to review and comment on this draft report before it is finished. This is your chance to give your input and to listen to others.

All sessions will use the Spiritual Conversation Guide available at <a href="https://bit.ly/Spiritual-Conversation-Guide">https://bit.ly/Spiritual-Conversation-Guide</a> You are encouraged to use this model for discussions in your parish, prayer group, or other gatherings as well. This is an enduring resource based on the Spiritual Reflection tools of St. Ignatius of Loyola.

23rd Annual Divine Mercy Conference Sunday, April 7 at St. Peter's Church, 100 Argyle St. Regina. Program begins 1:30 pm, with welcome and presentation by Shirley Oleskiw, adoration, and prayers, followed by the Holy Sacrifice of the Mass at 3:05 pm, celebrated by Very Rev. James Owolagba.

Spaghetti Supper at St. Peters—Sun. April 7, 5 pm. Tickets \$15, youth \$10; child \$5. purchase by April 1. Contact Doris (306) 537-4740 or Anne (306) 525-5507. Everyone welcome.

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You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

#### Catholic Women's League

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

#### **Bulletin Ad space**

Monthly or Yearly. Reasonable rates. Call or email Heather, Holy Trinity office.

306-543-3838

htrinity@sasktel.net



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Regina



Donations to Holy Trinity gratefully received electronically through Canada Helps. Use this link



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#### Spiritual Care in Hospital:

Pasqua Hospital Interim Chaplain Jennifer Holtslander 306-519-1380

General Hospital Chaplain Jerry Fitzgerald 306-519-1405

Wascana Rehab Centre Chaplain Joan Rink 306-530-6511



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses not needed.. Prescription & nonprescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.

#### Archdiocese of Regina Weekly Report

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.



## Holy Trinity Parish 2024 Holy Week and Easter Celebrations

Celebrant Father Gaspar Lucas and Deacon Eric Gurash

### Holy Thursday - Mass of the Lord's Supper - March 28 7 pm

- Incense will be used
- Washing of the Feet
- Special Collection: The Pope's Pastoral Works will be taken up in the pews
- Adoration 8:30-9:30pm. Please exit the church in silence.

## Good Friday - Celebration of the Passion of the Lord - March 29 3 pm

\*\*Reminder: Good Friday is a universal day of fasting and abstinence from meat\*\*

(please enter the church in silence)

- Food collection bins and boxes will be in the Gathering Area to accept your food donations for the Regina Food Bank.
- Communion will be distributed, Body of Christ only.
- Special Collection and Donations to Holy Trinity: Needs of the Church in the Holy Land: to support pastoral, educational, and social works to assist those who are enduring hardships, and also help maintain the Holy Places so important for the faith of Christians everywhere.

Donations can be placed in the baskets at the front of the altar after you have venerated the cross.

Easter Food Basket Blessing Saturday, March 30 12:30 pm

- you are welcome to bring your basket of Easter foods to the altar for a blessing by Father Gaspar.

**CORRECTION: VIGIL 8 PM** 

## Holy Saturday - Easter Vigil Resurrection of the Lord - March 30 -8:30-pm --

- The blessing of the fire will take place at the west entrance of the church.
- Incense will be used at this Mass.
- Candles will be used during the Mass and can be picked up from the Gathering Area and returned to the same place at the end of the Mass.
- Easter collection will be taken up from the pews.
- Bottles of Holy Water are available to take home after Mass.

#### Easter Sunday - Resurrection of the Lord 10 am

- Candles will be used during the Mass for the Renewal of Baptismal Promises and can be picked up on your way into the church from the Gathering Area and returned to the same place at the end of the Mass.
- Easter collection will be taken up from the pews.
- Bottles of Holy Water will be available to take home after Mass.