

# Holy Trinity Roman Catholic Parish

February 4, 2024  
5th Sunday in Ordinary Time

*Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now, and ever shall be, world without end.  
Amen.*

## Welcome to Holy Trinity!

As Catholic Christians we seek to proclaim, celebrate, and live our faith joyfully and to express our love for Christ and each other.

If you are a visitor or are new to Regina or to our parish, we welcome you and hope you have a positive experience in your worship with us. Check our website for a helpful introduction to Holy Trinity and its various ministries and services. Please feel free to contact us with questions or comments. We look forward to meeting you!

To register in the parish, update your information, or request donation envelopes, pick up a form in the Gathering area (bulletin board) or print a copy from our website, call the parish office or drop in during office hours, [www.holytrinityregina.ca](http://www.holytrinityregina.ca).



**Reconciliation:** By prior arrangement and when possible  
45 min. before weekend Masses  
30 min. before weekday Masses

**Weddings & Funerals:** Contact Fr. Gaspar

**Coming Up at Holy Trinity** (Weekday Rosary 25 minutes before Mass)

**\*\*\*\*Holy Trinity Elevator currently not functioning.  
Repair date not yet known. Contact the office for details.**

- |                      |   |
|----------------------|---|
| <b>Sat. Feb. 3</b>   | <b>5 pm Mass</b> Ints Joey Buchko<br>Gift Bearing family: Macalindong                               |
| <b>Sun. Feb. 4</b>   | <b>9 am Mass:</b> Pro Populo<br>Gift Bearing family: Aquino   |
| <b>Sun. Feb. 4</b>   | <b>11 am Mass:</b> + Frank Beilka<br>Gift Bearing Family: Rau<br>Sacramental Prep after Mass (hall) |
| Mon. Feb. 5          | 1:30 pm CWL Executive, meeting room   |
| Tues. Feb. 6         | 1:30 pm Forever in Motion, hall **No elevator   |
| <b>Tues. Feb. 6</b>  | <b>7 pm Mass:</b> Ints Maureen Toth   |
| <b>Wed. Feb. 7</b>   | <b>8:30 am Mass :</b> + Frank Beilka  |
| Wed. Feb. 7          | 9:15 am Adult Faith Formation (Holy is His Name #8), meeting room                                   |
| Wed. Feb. 7          | 1 pm Angels 4 Warmth, hall **No elevator  |
| Wed. Feb. 7          | 6:30 pm Adult Faith Formation (Holy is His Name #8), meeting room                                   |
| <b>Thurs. Feb. 8</b> | <b>8:30 am Mass:</b> + Ernie Krammer  |
| <b>Fri. Feb. 9</b>   | <b>8:30 am Mass:</b> + Louis Toth   |
| Fri. Feb. 9          | 6-9 pm Couples for Christ, meeting room   |

5020 Sherwood Drive  
Regina, SK S4R 4C2  
Phone: 306-543-3838  
Email: [htrinity@sasktel.net](mailto:htrinity@sasktel.net)  
Website: [holytrinityregina.ca](http://holytrinityregina.ca)  
(bulletin available online)

### At Holy Trinity:

#### We pray for the following:

Gerry Turgeon, Ruth Morrison, Gisele Croteau,  
Jacqueline Meeley, Troy Kocur

**We pray for the Repose of the Souls of our beloved ones, including** Fr. Gary Lindenbach, John Volk, Roy Kleininger, Fr. Pat Murphy, Ceferino Bayer, Valerian Karchewski, Brandon Armstrong, Edward Joseph 'Ted' Sullivan, Lloyd Fiddler, Renee Ferguson, Gwen Gusway, Marj Puchyr, Tex Emery Herperger, Janet Cameron

Sunday Donations January  
Regular collection: \$13,832  
Average Holy Trinity expenses: \$21,661 monthly.



Use this link or on our website home page.

## Sacramental Preparation

### Baptism Preparation

For parents of infants & young children and expectant parents. Contact the office to register for next session.  
[Registration form on website.](#)

Sacramental Preparation continues for 33 young people in First Communion & Confirmation. Classes continue Feb. 4 & 11, plus March dates including Stations of the Cross on March 8 and Holy Week (March 24 to 31). Pray for them on this journey of faith toward Confirmation and First Holy Communion on April 4.



### Holy Trinity Knights of Columbus

General meetings: now 2nd Tuesday of the month. Next meeting Feb. 13 after 7 pm Mass.



### Holy Trinity Catholic Women's League

General meetings: 2nd Monday of the month. Next meeting Tues. Feb. 13 (soup & bun lunch). Executive: Next meeting Feb. 5.

**Pastoral Staff****Pastor:** Rev. Gaspar Lucas 306-924-1993**Deacon** Rev. Mr. Eric Gurash**Sacramental Prep:** Leslie Young**Support Staff****Office Coordinator**

Heather Deis: 306-543-3838

**Custodian:** Dominic Dias**Office Hours** Mon. to Fri.—9 am to 3 pm  
Closed statutory holidays**Mass Times: Important Note below about Elevator****Sunday Mass Times 9 am & 11 am****Saturday 5 pm**

Monday—no Mass

Tuesday—7 pm Mass

Wednesday, Thursday &amp;

Friday Masses 8:30 am

First Friday Eucharistic Adoration after 8:30 am Mass, next is March 1.

For the comfort and safety of others,  
please do not wear fragrance to church.**Holy Trinity Elevator not functioning.** Your Finance council is working hard to have this resolved as soon as possible. Updates will be posted on the website when details are known.**2023 donations**—Tax receipts now available for pickup in the Gathering Area.**2024 Donation Envelopes** available in the Gathering Area. Note you will have a new Envelope Number. Please do not use previous year envelopes for 2024 donations.

If you wish to have envelopes, please complete a pew envelope and leave in collection or with Fr. Gaspar.



Spiritual Adoption information from Holy Trinity CWL will be available February 10 &amp; 11

We thank God for the gift of human life and pray to defend and protect this most precious gift, from conception to natural death. You are invited to pray for our unborn sisters and brothers by spiritually adopting a baby who may be in danger of dying before birth. We pray for them, as well as their mothers, fathers, grandparents and other family members, and those who provide health care and counselling.

**Save the Date: Holy Trinity Annual General Meeting**  
**Sunday, March 3 after 11 am Mass****Next Pancake Breakfast at Holy Trinity:**  
**March 10: 10 am to 1 pm**

Pancakes, eggs, sausage, ham, syrup, strawberries, whipped topping, coffee, juice. Served 10 am to 1 pm. By donation. Hosted by Knights of Columbus.

**Buildings and Grounds Co-ordinator** - Holy Trinity Parish needs a volunteer Building and Grounds Coordinator to oversee the operation and maintenance of Holy Trinity Parish building and grounds. For details of the activities and responsibilities, see bulletin board or contact the parish office.**Communion to Shut-ins.** If you, or someone in your family would like communion brought to a care home or own home in our parish, contact the Holy Trinity office (306) 543-3838.**Forever in Motion**—a health initiative at Holy Trinity to promote physical activity with adults.**Tuesdays, 1:30 to 2:30 pm**

Forever in Motion is held in the hall (lower level; enter through north door). No elevator access at this time due to repairs.

The program is led by a trained volunteer (Holy Trinity parish-ioner). Everyone welcome. [Brochure on bulletin board](#)**Ash Wednesday is February 14.** Ashes come from burning blessed palms from previous years' Palm Sundays.

Bring old palms to marked basket in Gathering Area.

**Funeral Baking needed**—Wrap well and mark as Funeral Baking with the date and pass to a CWL Executive member or place in kitchenette fridge freezer (main floor).**Holy Trinity Parish on Facebook**—A great opportunity to be connected and up-to-date on our events and activities.You can find us by searching for "Holy Trinity Parish, Regina" on Facebook, or with this link; <https://www.facebook.com/holytrinityregina> 'Like' and 'Follow' us to stay informed and engaged!**Lay Formation Class Auditing** Deepen your knowledge of the faith! The Archdiocese of Regina's Lay Formation Program is excited to offer the option to audit a variety of select classes and retreats. For a nominal fee per class you can explore a diverse range of topics each month, both in-person and online. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion.[Follow the link for more information on how to join our community of lifelong learners today!](#)**Catholic Women's League at Holy Trinity**

Tues. Feb. 13—Mass at 10:30 am Everyone welcome to join in after for Soup &amp; Bun lunch.

CWL memberships \$40. Give to an executive member, in your blue envelope or place in brown envelope on the CWL bulletin board.

**If you are diabetic** and experience an extreme drop in your blood sugar while in the church and are in need of something to elevate it, there are some items in a labelled blue container on the microwave in the kitchenette (main level just past the bathrooms). There are also two drinks (orange juice & iced tea) in the fridge, labelled 'For Diabetic Use Only'.

**Archdiocese of Regina Bulletin (Feb. 4) Link**

Lenten Reflections, Spiritual Direction Formation program

Archdiocese of Regina Masses  
On-Line<https://archregina.sk.ca/live>Links at [www.youtube.com/ArchdioceseRegina](http://www.youtube.com/ArchdioceseRegina)

Past Masses available online. Including Daniel Malone ordination to Transitional Diaconate

Thinking  
Faith!  
With Eric Gurash  
And  
Dr. Brett Salkeld**THINKING FAITH Podcast** hosted by  
Deacon Eric Gurash and Dr. Brett Salkeld of  
the Archdiocese of Regina.**Catherine Pakaluk and Hannah's Children: The Women Quietly Defying the Birth Dearth - Part 2**

In this part two of two episodes, Dr. Brett Salkeld visits with Catherine Pakaluk about shifting demographics, falling birthrates, and her new book "Hannah's Children: The Women Quietly Defying the Birth Dearth"

Show Snippet: "I certainly believe that when we're talking about things that are deeply part of the human condition and the types of things that adults ought to be spending their lives doing; having children pursuing meaningful work, trying to serve each other in the community. I don't think the government and the church are locked in a zero-sum. I think that the government can structure things in a way to make it easier and more favorable for people to do the right thing." [Find Catherine's book at Barnes and Noble](#) or your favorite book seller.

[Listen to the podcast](#)[Previous podcasts](#)

**World Religion Day—Sun. Feb. 4, 2 pm** "One Special Day Our Tradition Observes Each Year" at Beth Jacob Synagogue, 4715 McTavish St. Hosted by Regina Multi-Faith Forum. Everyone welcome. Refreshments to follow program. Please pre-register at [reginamultifaith@gmail.com](mailto:reginamultifaith@gmail.com)

**Wascana Rehabilitation Centre Volunteers Needed:** Transport assistance to get people to Mass at Wascana on Sundays at 10:30. Consider giving a Sunday a month. Music Ministry is needed for the second Sunday. Call Joan at 306-530-6511.

Charismatic Prayer Gathering, Resurrection Parish: February 25, April 21, May 26, June 23 —7 to 9 pm. Come Alive! You are invited! Come and experience Christ's loving embrace through music, praise, worship, teaching, prayer, and fellowship!

**Made for Greatness, Catholic Men's Event, Fri. Feb. 9,** Holy Cross Parish, 315 Douglas Ave. E. Begins with meal at 6 pm. Presentation by Kevin Philip at 6:30 pm. Devotions, confession 7:30, conclusion and fellowship 8:30 pm

**Development and Peace** — Caritas Canada Urgent Help Needed  
Development and Peace is raising funds for the Palestinian people in the southern Gaza Strip, who are in urgent need of help. Caritas Jerusalem urgently needs help to provide food, water, shelter, hygiene kits, healthcare and psychosocial support to the wounded, the displaced and the bereaved.  
[You are invited to give generously to help.](#)

**Archbishop's Annual Appeal** Holy Trinity's 2023 goal was \$34,533 We have raised \$33,039 and expect the final total will be a little higher once we receive the final accounting from the Archdiocese.

**Igniting the Spirit of Reconciliation 94 Calls to Action (Feb 3 - 29)**

The Truth and Reconciliation Committee of the Roman Catholic Archdiocese of Regina is excited to announce the opening of the "Igniting the Spirit of Reconciliation" art display at the Neil Balkwill Center (2420 Elphinstone St.) through the month of February in Regina. This display is an art project created by students of Balcarres Community School (90) and Vibank Regional School (4), featuring the 94 TRC Calls to Action.

The artwork will be on display from February 3 – 29, 2024. During the tenure of the display, there will be four special presentations.

**February 8 (Thurs. 7 pm – 9 pm)** – Official Opening featuring Michele Schwab (teacher) and Holly Yuzicapi (Indigenous Artist) who guided the students who created the artwork.

**February 17 (Sat. 10 am. – 3 pm)** – Guest Speakers Cadmus Delorme (Former Chief of Cowessess First Nation), Donald Bolen (Archbishop of Regina) and Kail Johnstone (NCTR) who will speak to specific Calls to Action from the 94 Calls to Action.

**February 21 (Wed. 1 pm – 3 pm)** – Members of the Regina Survivors Circle will share their stories about the trauma experienced in Indian Residential Schools and their healing journeys.

**February 26 – (Mon. 1 pm – 3 pm)** – Presentation by Susan Beaudin - Sacred Treaty Relationships envisioned by the First Nations leaders when negotiating and signing of Treaty 4, 1874.

**Registration is required for these events due to limited space.**  
Email [trcsask@gmail.com](mailto:trcsask@gmail.com) to register.

Snacks and refreshments will be served; lunch will be provided Sat. Feb. 17.

The display underlies the need to continue the work of implementing the 94 Call to Action and to further a deeper understanding between Indigenous and non-Indigenous peoples.

Our Lady of Peace Snowflake Winter Warm-Up Dine-In—Roast Beef Feb. 18, Turkey - Feb. 25 served 5 to 6:30 p.m., by Charlottes, at OLOP, 425 Broad St North, Regina. Tickets \$25. for adults, 7 – 12 \$15, 6 and under free. Call Anita at 306-543-0421. Or Call/Text Dennis at 306-530-2370. E-transfer available. Also, a Free Local talent performance. Tables are reserved for groups of 6 or more.

**Christian Life Program**—Couples for Christ Regina would like to extend an invitation to the Archdiocese of Regina for the upcoming Christian Life Program  
March 9 to May 11 (except March 30), Holy Rosary Cathedral Hall (basement ) 6 pm to 9pm.

This program is an integrated course for a renewal and strengthening of family life. All sessions are free.

For any questions, please contact:

306 581 8109- Rene Reyes

306 581 2508- Rod Creer

306 537 2883- Cris Masaoya

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**KNIGHTS OF COLUMBUS**

You are invited to join our parish council. Do more than you could by yourself. Contact through Holy Trinity office (306) 543-3838.

**Catholic Women's League**

We invite you to join our Council.



For information on membership and benefits, please contact: Sherry Enns at 306-530-5846

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**Rob Young**

Cell: **(306) 530-6318**

Regina



Bring eyeglass donations to Holy Trinity (plastic drawers in Gathering Area). Cases for glasses **not** needed.. Prescription & non-prescription, broken & loose lenses, swim goggles, sunglasses, reading glasses.



**MARY KAY**

**Deborah Canevaro**

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 306-543-5701

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**Archdiocese of Regina Weekly Report**

The week's top local stories, parish and diocesan events, and national and international news of Catholic interest delivered to your in-box every Friday.

